



# Menlo Swim & Sport Pool Schedule: **January 2012**

*Non Summer Season: September 26<sup>th</sup>, 2011 – May, 2012*

## Instructional Pool - 87°

L = Laps, O = Open Swim, AF = Aqua Fit, SS = Swim School, M = Mavericks,

TNT = Leukemia & Lymphoma Society

|       | MON      | TUE  | WED      | THU  | FRI      | SAT | SUN    |    |        |        |        |        |      |   |
|-------|----------|------|----------|------|----------|-----|--------|----|--------|--------|--------|--------|------|---|
| 5-6   |          |      |          |      |          |     |        |    |        |        |        |        |      |   |
| 6-7   | Laps     | Laps | Laps     | Laps | Laps     |     |        |    |        |        |        |        |      |   |
| 7-8   | Laps     | Laps | Laps     | Laps | Laps     | TNT |        |    |        |        |        |        |      |   |
| 8-9   | Aqua Fit | L    | Aqua Fit | L    | Aqua Fit | L   |        |    |        |        |        |        |      |   |
| 9-10  | Laps     | SS   | Laps     | SS   | Laps     | SS  | Laps   | SS | School | School | AF     |        |      |   |
| 10-11 | Laps     | SS   | Laps     | SS   | Laps     | SS  | Laps   | SS | Laps   | SS     | School | School | O    |   |
| 11-12 | Laps     | SS   | Laps     | SS   | Laps     | SS  | Laps   | SS | Laps   | SS     | School | School | O    |   |
| 12-1  | Laps     | O    | Laps     | O    | Laps     | O   | Laps   | O  | Laps   | O      | School | Open   | L    |   |
| 1-2   | Laps     | O    | Laps     | O    | Laps     | O   | Laps   | O  | Laps   | O      | School | O      | Open | L |
| 2-3   | School   | O    | School   | O    | School   | O   | School | O  | School | O      | Open   | L      | Open | L |
| 3-4   | School   | M    | School   | M    | School   | M   | School | M  | School | M      | Open   | L      | Open | L |
| 4-5   | School   | M    | School   | M    | School   | M   | School | M  | School | M      | Open   | L      | Open | L |
| 5-6   | School   | M    | School   | M    | School   | M   | School | M  | School | M      |        |        |      |   |
| 6-7   | School   | O    | School   | AF   | School   | O   | School | AF | School | O      |        |        |      |   |
| 7-8   | Laps     | O    | Laps     | O    | TNT      |     | Laps   |    |        |        |        |        |      |   |

Please call 650·328·SWIM or visit [www.menloswim.com](http://www.menloswim.com) for updates and announcements.

# Performance Pool - 80°

L = Laps, O = Open Swim, SA = SOLO Aquatics, M = Mavericks, TNT = Leukemia & Lymphoma Society, AF = Aqua Fit

|       | MON       | TUE          | WED       | THU          | FRI       | SAT     | SUN     |  |
|-------|-----------|--------------|-----------|--------------|-----------|---------|---------|--|
| 5-6   |           |              |           |              |           |         |         |  |
| 6-7   | Masters   | Masters      | Masters   | Masters      | Masters   | Masters |         |  |
| 7-8   | Masters L | Masters L    | Masters L | Masters L    | Masters L | Masters | Masters |  |
| 8-9   | Laps      | Laps         | Laps      | Laps         | Laps      | Masters | Polo L  |  |
| 9-10  | Laps      | Laps         | Laps      | Laps         | Laps      | TNT     | Polo L  |  |
| 10-11 | Laps      | Laps         | Laps      | Laps         | Laps      | Laps O  | Laps    |  |
| 11-12 | Laps      | Laps         | Laps      | Laps         | Laps      | Laps O  | Laps    |  |
| 12-1  | Masters L | Masters L    | Masters L | Masters L    | Masters L | Laps O  | Laps    |  |
| 1-2   | Laps      | Laps         | Laps      | Laps         | Laps      | Laps    | Laps    |  |
| 2-3   | Laps      | Laps         | Laps      | Laps         | Laps      | Laps    | Laps    |  |
| 3-4   | L Laps    | L Laps       | L Laps    | L Laps       | L Laps    | Laps    | Laps    |  |
| 4-5   | L SOLO    | L SOLO       | L SOLO    | L SOLO       | L SOLO    | Laps    | Laps    |  |
| 5-6   | L Laps    | L Laps       | L Laps    | L Laps       | L Laps    |         |         |  |
| 6-7   | Laps Mavs | Laps Mavs    | Laps Mavs | Laps Mavs    | Laps Mavs | Laps    |         |  |
| 7-8   | Laps      | Laps Masters | Laps      | Laps Masters |           |         |         |  |
| 8-9   |           |              |           |              |           |         |         |  |

## Mark your Calendar:

© Monday, January 16, 2012:

Martin Luther King Jr. Holiday - There will be no Menlo Swim School swimming lessons or Menlo Mavericks practice.

### **\*\*Please note\*\***

•Lap swimmers may be affected by having a lap lane being reserved for our Swim Pro students.

•At 12noon there will a transition period from Swim School to Open Swim Monday – Friday in the Instructional Pool.