



# Menlo Swim and Sport

## Pool Schedule:

### July, 2010

**Summer Session: June 14 – August 21, 2010**

## Instructional Pool - 87°

L = Laps, O = Open Swim, AF = Aqua Fit, Tri = Kids Triathlon, M = Mavericks, CM = Camp Menlo

TNT = Leukemia & Lymphoma Society

	MON	TUE	WED	THU	FRI	SAT	SUN
5-6							
6-7	Laps	Laps	Laps	Laps	Laps		
7-8	Laps	Laps	Laps	Laps	Laps	TNT	
8-9	AF	AF	AF	AF	AF		
	L	L	L	L	L		
	M	M	M	M	M		
9-10	School	School	School	School	School	School	
	CM	CM	CM	CM	CM	CM	
10-11	School	School	School	School	School	School	Open
	CM	CM	CM	CM	CM	CM	
11-12	School	School	School	School	School	School	Open
	L	L	L	L	L	L	
12-1	Laps	Laps	Laps	Laps	Laps	School	Open
	Open	Open	Open	Open	Open		
1-2	Camp Menlo	Camp Menlo	Camp Menlo	Camp Menlo	Camp Menlo	Open	Open
	Open	Open	Open	Open	Open		
2-3	School	School	School	School	School	Open	Open
	O	O	O	O	O		
3-4	School	School	School	School	School	Open	Open
	O	O	O	O	O		
4-5	School	School	School	School	School	Open	Open
	O	O	O	O	O		
5-6	School	School	School	School	School	Open	Open
	O	O	O	O	O		
	M	M	M	M	M		
6-7	School	School	School	School	School		
	O	O	O	O	O		
7-8	Laps	AF	TNT	AF	O		
	Open	O		O			

Please call 650-328-SWIM or visit [www.menloswim.com](http://www.menloswim.com) for updates and announcements.

# Performance Pool - 80°

L = Laps, O = Open Swim, AF = Aqua Fit, S = SOLO, M = Mavericks, CM = Camp Menlo,  
TNT = Leukemia & Lymphoma Society

	MON	TUE	WED	THU	FRI	SAT	SUN
5-6							
6-7	Masters	Masters	Masters	Masters	Masters	Masters	
7-8	Masters L	Masters L	Masters L	Masters L	Masters L	Masters	Masters
8-9	Laps M	Laps M	Laps M	Laps M	Laps M	Masters	Polo
9-10	Laps CM	Laps CM	Laps CM	Laps CM	Laps CM	TNT	Polo
10-11	Laps CM	Laps CM	Laps CM	Laps CM	Laps CM	Laps Open	Laps
11-12	Laps	Laps	Laps	Laps	Laps	Laps Open	Laps
12-1	Masters L	Masters L	Masters L	Masters L	Masters L	Laps Open	Laps
1-2	Laps	Laps	Laps	Laps	Laps	Laps	Laps
2-3	Laps Open	Laps Open	Laps Open	Laps Open	Laps Open	Laps	Laps
3-4	Laps Camp Open	Laps Camp Open	Laps Camp Open	Laps Camp Open	Laps Camp Open	Laps	Laps
4-5	L Solo	L Solo	L Solo	L Solo	L Solo	Laps	Laps
5-6	L	L	L	L	L	Laps	Laps
	O L Mavs	O L Mavs	O L Mavs	O L Mavs	O L Mavs		
6-7	O L	O L Mavs	O L	O L Mavs	O L		
	Laps	Laps	Laps	Laps	Laps		
7-8	L	Polo	L Masters	L	Polo	Laps Masters	
8-9							

**Please note:**

☺There will be no swimming lessons on Friday, July 2<sup>nd</sup> and Saturday, July 3<sup>rd</sup> for the Fourth of July holiday.

☺The Performance Pool will **close** at **3:30pm** on July 21 for the Menlo Mavericks home swim meet. There will be no lap swimming during this time.

**Baby Pool Hours**  
valid through August 21, 2010

Monday – Sunday: 10am – 6pm